

## ***NEW IHRSA PRODUCT ANSWERS INJURY LIABILITY QUESTIONS IN A GYM***

Injury Liability: An IHRSA Briefing Paper provides club operators with information on how to reduce risks of injury and liability in a health club setting.

**Boston—August 30, 2018**—Injuries can happen at any time in a gym. When they do, it's important that club staff know how to properly manage the situation and avoid liability issues.

For guidance in a difficult situation, IHRSA created *Injury Liability: An IHRSA Briefing Paper*—a new resource that will provide club operators with information on how to reduce risks of injury and liability in a health club setting, how effective waivers can protect against liability, and how to take appropriate action when an injury occurs.

Owners should prepare for a possible injury by reviewing the guidelines outlined in the briefing paper. This resource is invaluable and provides answers to a number of questions, which include:

- In general, what is a health club operator's responsibility regarding the safety of members and guests?
- Can waivers and releases protect a club from liability?
- What are the elements found in an effective waiver?
- In states where waivers are prohibited or rarely enforced, what can a club do to reduce the risk of a lawsuit?
- What steps can a club take to minimize liability associated with exercise equipment?
- What should my staff do when someone is injured at the club?
- Is the club liable if an injured member used exercise equipment improperly or excessively?
- Can club owners be held responsible for injuries caused by another member or an outsider?
- How can a club reduce its liability if it is found negligent?

IHRSA members can [access the briefing paper](#) for free by logging into the IHRSA website. Club operators shouldn't have to cope with legal liability-induced headaches on top of managing a successful business. With the new IHRSA resource, operators can learn how to avoid any landmines that could have a harmful impact on their club.

*IHRSA's legal briefing papers cover a wide range of topics, including employment law, harassment, injury liability, hiring independent contractors, and overseeing kids in your club and are available exclusively for IHRSA members to download [on the IHRSA website](#). It is important to note that the information contained within these documents should not be considered legal advice. Members with questions after reading should [contact IHRSA public policy](#) or share the briefing paper with a qualified attorney in their area of concern. Sharing this information with an attorney will save club operators a significant amount in research costs charged by legal professionals.*